

## NYDIA TEMPLE SEWING COMMITTEE

### QUICK AND EASY LAP QUILT

Select a front and back cotton fabric...minimum 36 x 45 inches. Sometimes it is nice if one of the sides is flannel since this is to be a “comfort” quilt. Cut a piece of low loft batting the same size as the two fabrics. (low loft works best if you are machine quilting...but does not really matter...a nice thick flannel will work too)

Make a Quilt sandwich...

Front and back right sides together and then put the batting on the bottom. So, actually not a very good sandwich with the filling on the bottom, but that is the way it has to go. Pin them all together.

Sew around the edge and create a giant envelope of the three pieces (1/2 inch seam)...leave about 5-10 inches open for turning. You can make the corners slightly rounded if your fabrics are thick.

Turn and lightly press. Hand sew the opening closed.

Topstitch a 1/2 inch seam all around the quilt. This creates the effect of binding without all the time and work.

NOW...quilt as you wish...stitch in the ditch, free motion, quilting design on an embroidery machine (hope you used low loft batting so it fits in your hoop) or even tie with hand embroidery thread or yarn.

And you are done...do not forget to put the cost of the materials and time down and turn in with the quilt to the sewing committee or the Queen. Thank you for helping the children at Shriners Hospitals for Children.